



IRON TIGER MARTIAL ARTS

Volume 2
No. 7

Newsletter

September 2007

To those students who took a few weeks or the whole summer off; Iron Tiger sends a warm welcome to you and all new students to our wonderful school. There has been a few changes at the school. We now have a new secretary, my sister in-law, Grace and we have a change in class schedule for the adult class on Saturday. Please read through all the information on this letter so that you can stay updated on the events happening this fall.

Topic Of The Month

This segment is dedicated to parents assessing their children's ability to learning new information & tasks. Your child's ability to learn can be broken down into two primary functions, knowledge & incorporation. Many times I have experienced parents expressing concern, or the desire for their child to perform karate techniques at a proficiency level that may be too much at the time it is desire. This feeling of wanting your child to perform at a high level is a concern for Shihan. Many children will not be able to perform a technique to a great degree having just learnt it. A high level of performance means remembering the exact way it was taught to you, executing the technique with no help & having power in the skill performed. We as parents want our children to perform through our eyes, the eyes of an adult. Please remember adults can perform tasks quite easily, given their life experience & their command of certain skills. Children are still developing skills such as listening, looking skills and remembering skills. Taking these skills & putting them into a coordinated art form is what an adult will be able to learn far quicker than a child. When we watch our child practice we feel that the technique being taught is not that hard to comprehend. This is true for us but not for a child. Children require more time to learn in order to perform a skill at a high level. The remedy is to allow your child to absorb a newly learned skills in stages. If you have the urge to review a karate lesson with your child, please teach half of a technique you are concerned with. Most importantly, I ask all parents to focus on the gentle approach of encouragement. Encouragement breeds confidence in performing any task. Instead of telling your child you can do better, please express to him/her how good a job he/she is doing. Focus on one part of a karate session that appear to you as the highlight of your child's class & talk about it. In doing these tasks your child will grow quite quickly in skill level.

Our Website

The school's website is almost complete. The site will contain all pertinent information regarding class schedules, specialized classes such as weapons & safety, . In addition, the school's commercials will be available for viewing, special events such as parents'night out, demonstrations, & fund raisers dates will be available.

Thank You

To the entire student body that took time out to come to the school in order to participate in the filming of both commercials. Thank you to the parents for rearranging your day to effectively taking part in this event. You can view the commercial online at Irontiger-martialarts.com

Weapons Classes

Weapons Class #1 will commence on September 15, 2007. This is a basic instructional class designed to develop the students for advance Bo staff movements. Class time is at 1 P.M. & will meet every Saturday for eight weeks. The fee is \$135.00.

Weapons class #3 will commence on Oct. 6th 2007. This class will train all students in kata, or pattern of movements, and how to weild the Bo staff confidently & efficiently. This class will meet every saturday at 1:30 P.M. The fee for this class is also \$135.00.

Parents Night Out

Parents night out will be upon us soon. Iron Tiger has announced that the 1st of two Parent night out dates is on November 17th, 2007. and the Second date is on December 15, 2007. Parent night out is designed to free up parents time so that they may shop for the holidays, have dinner with a loved one, or simply relax for a few hours at home. The time of this event is 7 P.M to 11 P.M. You must register in advance to ensure placement & this allows Iron Tiger to provided adequate staffing.

Safety Classes

Safety class#1 will commence on September 22, 2007.

This event will cover school safety.

Safety class #2 willl commence September 29, 2007. It will go over general safety for the enviroment we live in.

Class times for both classes will start at 1:30 P.m.

These classes are one day events. The fee for each safety class is \$10.00 per person.

Please register in advance.

Class Schedule

The class schedule on Saturday has changed. The 1:30 PM class has been replaced by weapons & safety classes until November. There are Tuesday & Thursday classes available by special arrangement. Please inquire with Shihan for more info.

Happy Birthday

Come celebrate your birthday with us! An Iron Tiger Birthday Party offers 2 hours of fun with everything included. Speak to Shihan or Grace for more details.

9/1	Allysen Garrick
9/5	David Campagna
9/10	Grace Motril



9/15	Felipe Goncalvez
9/22	Stephanie Young
9/24	Emily Perry
9/26	Meghan Dubois